

ACACIA AFRICA

Updated Oct 11
FOR 2012
DEPARTURES

ULTIMATE AFRICAN OVERLANDER – TOUR DOSSIER

Tour Code UAO58

NAIROBI – LIVINGSTONE

58 DAYS

Tour Departure – 08:00

Pre-departure Meeting – 18:00 day prior to departure

HIGHLIGHTS

Great Rift Valley	Chobe National Park
Lake Nakuru National Park	Okavango Delta
Jinja	Etosha National Park
Kampala	Spitzkoppe
Queen Elizabeth National Park	Swakopmund
Chimpanzee trekking	Namib-Naukluft Nat
Mountain Gorilla Trek	
Pk	
Lake Bunyonyi	Sossusvlei dunes
Bwindi Impenetrable NP (or other gorilla area)	
Masai Mara National Reserve	Fish River Canyon
Great Rift Valley	Cape Flats Township
Meserani Snake Park	
Masai Village Walk	
Serengeti National Park	
Olduvai Gorge	
Ngorongoro Crater Conservation Area	
Zanzibar	
Lake Malawi	
Livingstone – Victoria Falls	



This tour takes you to famous game reserves, mighty rivers, misty mountains and golden beaches. See the gorillas and the 'Big 5'; meet diverse cultures from the red-robed Masai to the warm-hearted people of Malawi. Travel from the source of the Nile River to Victoria Falls via Zanzibar and on through Botswana and the Namibian Desert to Cape Town: the Ultimate African Overlander!

INTENDED ITINERARY

It is our intention to adhere to the route described below but a certain amount of flexibility is built into the tour and on occasion it may be necessary or desirable to make alterations to the published itinerary. Please therefore treat the following as a guide only.

Duration: 58 Days
Countries visited: Kenya, Uganda, Tanzania, Malawi, Zambia, Botswana, Namibia, South Africa

DAY 1 - 2

Nairobi – Nakuru – Eldoret

Kenya is East Africa's most popular destination and has a long tradition of tourism and of welcoming visitors. Nairobi, the Kenyan capital, has seen rapid growth in recent years but still has a comparatively small city centre and interesting city market, numerous craft shops, book shops and plenty of cafes and restaurants. We recommend you arrive the day before the tour departure in order to relax and overcome any jetlag.

We depart Nairobi early on Day One and descend into the 'Great Rift Valley', an enormous cleft in the Earth's surface stretching from the Red Sea to Madagascar but with particularly marked escarpments here in Kenya.

Our first stop is Lake Nakuru National Park, a relatively small park (by African standards) on the Rift Valley floor.

The shallow soda lake attracts a huge variety of birdlife – especially flamingos, which may gather in such numbers that (when viewed from above) they form a strikingly pink 'fringe' around the lake-shore. However Lake Nakuru is not simply a bird sanctuary, it is also home to buffalo, lion, rhino, leopard, warthog, baboon, antelope, and a variety of smaller animals. A delightful introduction to East Africa's wildlife diversity. From Nakuru we continue northwest to Eldoret, and the Uganda frontier.

DAY 3 - 5

Kampala – Queen Elizabeth – Lake Bunyonyi

We cross into Uganda, Winston Churchill's 'Pearl of Africa' and to the capital, Kampala. This is an attractive hilly city, bustling with roadside traders, markets and busy matatu (mini-bus taxi) stands.

From Kampala, we travel west to Queen Elizabeth National Park. Uganda is a wonderfully fertile country of green terraced hillsides, lush banana plantations, steep mountains and tangled forests. We enter the QENP, with a view (further to the west) of the mountains that separate Uganda from central Africa. We game-drive in the morning in search of the Uganda Kob (a type of antelope) as well as elephant, lion, buffalo, hyena and hippo. Nearby the park we visit the Kyambura Gorge for the trek to see the chimpanzees. Unlike the larger gorilla, chimps live mostly in the trees and so our viewing is necessarily at some distance. However the experience of seeing man's closest relative in the wild is a memorable one.

Continuing deep into the Kigezi Highlands we come to the picturesque Lake Bunyoni, an ancient flooded valley, where we usually base ourselves for the gorilla trekking.

DAY 6 - 9

Gorilla Trek - Kampala

This region of Africa is home to the world's remaining 700 mountain gorillas, many of which inhabit the Bwindi Impenetrable National Park. [Occasionally we may travel into neighbouring Rwanda to trek for the gorillas.]

On the day of our trek we gather in the early morning to meet our local guide and tracker. Walking in small groups we trek into the thick rainforest. The trek can be demanding at times with uneven terrain and hilly rainforest but the privilege of spending time with a family of these gentle primates makes the effort well worthwhile. To many people, even those who stay in Africa longer than this two week tour, the day's trek and time with the gorillas remains their most exciting wildlife encounter in Africa.

The usual procedure, once we have located the gorilla 'family', is to squat or sit down and simply observe them for around an hour – the time set by the Uganda Wildlife Authority (the national body charged with controlling and maintaining the gorillas in Uganda). Gorillas are sociable creatures, living in groups between 12 and 20 individuals, usually led by an 'alpha male' (the 'silverback' - so called because of the silver hair on his back which grows once the male gorilla attains maturity). Most people find that the gorillas are remarkably human-like at close quarters – particularly in the social interaction between family members and in 'play' activity in which the young engage. Photography is permitted (although not with a flash and there are restrictions for those who wish to use a video camera.)

Your permit allows you one trek and gorilla viewing (time limited to one hour). However because the authorities maintain strict limits on the number of visitors allowed to view the gorillas each day we may spend several days in the area while all passengers in our group complete the trek and viewing.

DAY 10 - 14

Kampala - Jinja - Nairobi

When all members of the group have completed the gorilla trek we pack up and make our way back to Kampala. Pausing for the night we continue on to Jinja and our camp on the grassy banks of the River Nile. It was in 1862 that the British explorer John Hanning Speke recognised Lake Victoria as the 'source of the Nile' settling a long running dispute about Africa's (and the world's) longest river. From this modest monument the Nile begins its 4132 mile course through Uganda, Sudan and eventually Egypt to the Mediterranean Sea.

Our camp overlooks a dramatic set of rapids known as Bujagali Falls. It is here that we usually have the option to try rafting - an exciting day out for those enjoying the thrill of 'white water'. There is also the opportunity to make some difference to local children at a local school project: 'Softpower' is a locally run voluntary programme aimed at building and improving schools in the Jinja area to which your contribution of a few hours of painting or plastering is always most welcome. Other activities at Jinja include quad biking, village walks and even bungy jumping! From Jinja, we move on to Uganda's capital Kampala.

Finally we make our way back into Kenya, passing through Eldoret and the Rift Valley once again to the lights and bustle of Nairobi.

NB Depending on the availability of gorilla permits the tour itinerary may vary in day to day running order from the above running order which is based on the brochure itinerary. From time to time we may visit neighbouring countries, eg Rwanda, for the gorilla trek (instead of Uganda) and this may entail extra visa fees although we shall endeavour to advise you before departure of any significant change to the tour itinerary.

NB2 In Nairobi the price of accommodation on nights 14 & 15 is **not included** in the tour. Please put aside between US\$20-25 per night for meals and accommodation here.

DAY 15- 17

Nairobi, Masai Mara National Reserve

After a day to relax and replenish our supplies we depart Nairobi and make our way across the Rift Valley to the Masai Mara National Reserve. We spend two nights camping on the edge of the Reserve with time to explore the park on morning and afternoon game drives. The sweeping plains, distant horizons, low slung acacia trees, occasional coppices of vegetation, and plentiful wildlife form a deeply evocative introduction to this wonderful continent. The 'Mara' is crossed every year between July and October by great herds of wildebeest, zebra and other grazing animals in their migration from the adjoining Serengeti plains to the south (in Tanzania). Predators (such as lion, cheetah, leopard) and scavengers (hyena, vultures) follow the grazing animals and this enormous congregation of wildlife forms a spectacular display of Africa's natural resource. But the Mara is excellent for game viewing at any time of year and regardless of when you can visit we hope to see some, if not all, of Africa's 'Big Five' (elephant, lion, rhino, buffalo and leopard) and an array of other wildlife.

From the Mara, we return to Nairobi, where we usually overnight, on our way south into Tanzania.

NB Meals and accommodation in Nairobi on nights 14 & 15 are **not included** in the tour price or Local Payment. Please allow between US\$20-30 per night for meals and accommodation there for these two nights.

DAY 15- 19

Arusha, Serengeti National Park,
Olduvai Gorge, Ngorongoro Crater

After crossing the border at the busy Namanga frontier we come to Arusha. Situated mid-way between Cape Town and Cairo, this is very much Tanzania's 'safari capital' - a bustling city with colourful markets, shops, vehicles and people, all nestling in the shadow of the brooding Mt Meru (4556m). After exploring the curio markets, we head to our camp outside Arusha on the open plains to the west of the city. There is the opportunity to walk to one of the local Masai villages. For those who are interested there is a local school and small clinic near the campsite, or you may wish to visit the small but very informative Masai museum and to walk through the - also very informative - Meserani Snake enclosure.

Switching to smaller more 'gamepark friendly' vehicles we drive west across the Rift Valley, passing through Mto Wa Mbo ('mosquito creek') and enter the Ngorongoro Crater Conservation Area. We pass into the park and drive around the Crater rim and down onto the Serengeti plains. Stopping at the Olduvai Gorge, made famous by Drs Louis and Mary Leakey for explorations into early man we descend onto the open plains and wide horizons of the Serengeti. Green after the rains, brown and burnt in the dry this is home to an enormous variety of grazing animals, predators, and birdlife. Flatter and larger than the Masai Mara the Serengeti is simply huge - indeed the name derives from the Masai word *Siringitu* - 'the place where the land moves on forever'. Game viewing here can be superb and camping out in the designated (but unfenced) campsite where lion and hyena roam nearby is an unforgettable experience.

The following day we drive out of the plains for gamedriving and after lunch ascend the outer wall of the Ngorongoro Crater. We spend the night camping on the rim (you may need a jacket; it can be cold at night). At 326 square kilometres in area the Ngorongoro is Africa's largest intact caldera and is a World Heritage Site. If the view from the rim (2400 metres above sea level) is spectacular, the site from the Crater floor (some 600 metres below) is equally enjoyable. All the major mammals are present except giraffe (which cannot manage the steep slopes leading down onto the Crater floor) and we descend the steep access road for a morning of game driving. Time here is limited however and we drive back up the access road after lunch for a final view over the Ngorongoro before we retrace our steps to Arusha and our camp for the evening.

DAY 20 - 28

Dar es Salaam - Zanzibar

We have time in Arusha to replenish our stores before continuing past the shadow of Mt Kilimanjaro (Africa's highest peak at 5895m) to Dar es Salaam and the Indian Ocean. 'Dar' is Tanzania's main port and is a hub of commerce and industry - a hot, humid and bustling city. We set up camp at our campsite on the beach just outside of the city centre, usually having time to browse curio markets - best known for ebony wood - and prepare for our trip to Zanzibar.

Evocative and exotic, Zanzibar conjures up images of idyllic, sandy, palm fringed beaches, romantic winding cobbled alleys and lush tropical forests. You will find all of these here – and an intriguing history. Zanzibar was the base for the great 19th century explorers John Hanning Speke, Richard Burton and David Livingstone and was once a major trading centre for spices. Indeed the spice trade is central to the island's history – Zanzibaris have traded with the people of the Arabian peninsula for generations, plying the ocean in simple dhow sailboats using the annual trade winds for passage. The Arab influence is evident in the architecture and diverse street stall offerings of Stone Town. Indeed the Arab influence can be seen right along the East African coast - the *Swahili* language itself the result of the mixing of Arab and African languages and cultures over many centuries.

Zanzibar's other history is not so romantic. The island was a staging post for slaves brought from the African interior, held before shipping to slave owners in the middle east. You can still see the places where these men and women were held – and even a short visit is enough to convey the appalling conditions they had to endure.

Our time on the island is not structured and your time is at leisure. Perhaps the best way to see Stone Town is on foot: explore the bazaars, shops, mosques, palaces, courtyards and alleyways of the old town. Spices are grown in plantations nearby and you can take day-tours to visit some and have your senses dazzled by the tastes and scents experienced. If it's white sand, sparkling ocean and hot sun you prefer – head for the northern beaches and enjoy the Indian Ocean at its best. Try snorkelling and diving, indulge in some sumptuous seafood, or simply relax beneath a coconut palm with a cocktail and a good book.

After three nights we cross back by ferry to the African mainland and Dar es Salaam.

NB Depending on the availability of gorilla permits the tour itinerary may vary in day to day running order from the above running order which is based on the brochure itinerary. From time to time we may visit neighbouring countries, eg Rwanda, for the gorilla trek (instead of Uganda) and this may entail extra visa fees although we shall endeavour to advise you before departure of any significant change to the tour itinerary

NB² As we leave the truck on the mainland, meals on Zanzibar are **not included** in the tour price or Local payment, and your time is free to enjoy the island's activities. Your tour leader will arrange accommodation in Stone Town and at the beach from your Local Payment [we use small privately owned tourist class accommodations].

DAY 29 - 34

Mikumi National Park – Lake Malawi Beaches - Chipata

After returning from Zanzibar we leave the coast and drive across country to Malawi. The road runs through the relatively small (by African standards) Mikumi National Park and passes through various small towns and villages of rural Tanzania. We enter Malawi at its northern tip and almost immediately catch a glimpse of the enormous Lake Malawi. Covering almost a fifth of the country's area, this is one of Africa's 'great lakes' and provides a source of livelihood for many of the Malawi people. Fishermen, traders, canoe and net makers are common along the shoreline. Freshwater and safe for swimming the lake is also a major attraction for visitors.

We camp along the lake shore, usually by the beach. There is usually a range of water sports available and time to indulge or simply to relax. The Malawi people are known amongst travellers as being very friendly and there is usually the opportunity to meet some of the local people from the nearby communities.

DAY 35 - 40

Lusaka – Livingstone – Victoria Falls

Leaving Malawi we cross into Zambia. We cross the Luangwa River and pass through the capital city, Lusaka, to Livingstone and Victoria Falls, arriving on day 22 of the tour. Our camp is on the banks of the mighty Zambezi River, one of Africa's major rivers, indeed the largest that flows eastward into the Indian Ocean. Time here is at leisure. Take advantage of the range of optional activities typically available: white water rafting, bungee jumping, abseiling, gorge swinging, canoeing, elephant and horse riding, lion walks, game drives and scenic flights. Naturally a visit to the Victoria Falls themselves is a 'must'. At over a mile wide and some 100m deep, at high water the 'Falls' is the largest curtain of falling water in the world. Depending on the time of year the spray from the Falls can be seen from 30 kilometres - hence the local name Mosi au Tunya – 'smoke that thunders'.

NB For the sake of practicality, meals in the Livingstone/Victoria Falls area are restricted to breakfasts. This allows you to take on half day or full day activities (some of which include lunch) without having to be back with the group at mealtimes. The Waterfront camp restaurant overlooks the Zambezi River and offers a selection of reasonably priced meals and snacks throughout the day (we suggest you allow US\$30-\$40 per day). Alternatively Livingstone town is a short taxi ride away, where you can eat out at one of the local restaurants.

DAY 41 - 42
Chobe National Park

After breakfast we leave Livingstone and travel the short distance to Botswana and the Chobe National Park. Situated in the extreme northern corner of Botswana, Chobe is home to large populations of elephant as well as lion and abundant birdlife, including the African fish-eagle. In the late afternoon, we take an afternoon cruise on the Chobe River - a delightful way to see hippo or elephant, sometimes buffalo, come to the river for bath and drink. Earlier in the day we take an early morning game drive into the park itself for a glimpse of Botswana's premier game reserve.

DAY 43 - 44
Maun, Okavango Delta

Further south, we cross the fringes of the Kalahari Desert and make our way to Maun and the Okavango Delta. A natural wetland system spreading over some 1.6m hectares of northern Botswana, the results from rivers that rise in Angola and flow south then divide repeatedly to form an intricate floodplain of channels and islands which spreads out into a broad flat inland delta – the only one of its kind in the world. Our overnight excursion gives us the opportunity to explore some of the area on foot and by dugout canoe (makoro). This is a very unspoilt wildlife area. We search amongst the giant lily pads, tall grasses and narrow channels for hippo, crocodile and a variety of birds. We camp for a night in the Delta itself on one of the river islands - an unforgettable wilderness experience!

DAY 45 - 46
Ghanzi - Windhoek

Leaving the Okavango we travel south-west skirting the Kalahari. We stop at Ghanzi and take a guided Bushman Walk to discover some of the secrets of this immense terrain and gain a glimpse of how the indigenous people live in this area. The following day we continue west into Namibia and stop a night in the capital Windhoek, a city steeped in German atmosphere and architecture. Enjoy the contrast from the previous few nights, perhaps with a flagon of ale at one of the local taverns.

DAY 47- 51
Etosha National Park - Swakopmund

We make our way north to Etosha National Park, a vast reserve of over 20,000 square kilometres in area surrounding a central salt depression or 'pan.' The pan is seasonally filled with water but managed year-round waterholes sustain some 114 mammal and 340 bird species. We spend two nights in Etosha, camping near a floodlit waterhole which offers exciting night viewing for those who wish to stay up late.

Turning south again, we pass through the eerie Spitzkoppe area and travel along some of the desolate Atlantic coast, the colonial town of Swakopmund, Namibia's main seaside resort.

Sandwiched neatly between the desert and the ocean, this delightful coastal oasis has developed into something of an adventure centre. Try 'quad biking, sand boarding, or skydiving (weather permitting) or for those preferring a slower pace, take a coastal walk or indulge in Swakopmund's café culture at your own leisure.

DAY 52 -54
Namib Naukluft Park – Fish River Canyon

Continuing south through the barren desert we reach the Namib Naukluft Park. The world's oldest desert and containing some of the highest sand dunes in the world – some of Sesriem and Sossusvlei's dunes are over 300m high – this is an ideal spot to clamber to the top of one and see the sun rise over the empty desert. We continue deeper into the park for a nature walk across the salt pans and flat valley floors. Don't forget your camera - the changing colours of the sand as the sun rises and sets throughout the day offer brilliant photographic opportunities.

Continuing to the very south of Namibia we admire the awesome beauty of the Fish River Canyon. One of the natural wonders of Africa, some 500m deep and over 160km long, this is the second largest canyon in the world after America's Grand Canyon. Again, there are plenty of opportunities for keen photographers as we spend time around this area and visit the canyon's infamous sharp river bend known as 'Hell's Corner.'

DAY 55 -58
Gariep River – Cape Town

On our final leg of the journey we leave Namibia and enter South Africa stopping en route for a night next to the desolate but striking Gariep (Orange) River.

We continue south and notice the desert slowly give way to the increasingly fertile Cape Province. On the edge of Cape Town itself lie the Cape Flats, home to Cape Town's townships. We visit some of the local people and community projects in the area. The townships illustrate both South Africa's tumultuous history and its hope for the future. Finally we continue to cosmopolitan Cape Town, without doubt one of the world's most beautiful cities, where the tour ends. If time allows we recommend you spend a few days exploring the city and surrounds. Take advantage of the variety of activities normally available here – from abseiling Table Mountain and shopping at the V&A Waterfront, to wine tasting in the nearby winelands of Paarl and Stellenbosch.

TOUR INFORMATION

Travelling overland is great fun, but it can also be challenging! This is a *participation* tour and your help will be needed in setting up the camp each night and assisting (usually on a rota basis) with the various day to day campsite duties, such as shopping, cooking and keeping the truck and camp tidy. But don't worry it's not all hard work and it's a great way to meet the local people and get to know your fellow travellers. Your contribution benefits the success of the tour - most people find the greater their involvement, the greater their enjoyment of the whole trip.

Africa is an adventure destination and travelling here is not always predictable so be prepared to "expect the unexpected" in difficulties or delays which might come our way! However, you'll soon find that the diversity of the African landscape, the wildlife and the communities we pass on our way, make the sometimes rough travel and long driving days worthwhile.

Come with a sense of adventure and a flexible attitude and you will be sure to enjoy your Acacia overland tour across this amazing continent.

TOUR STYLE

Acacia Overland Tour

WHAT'S INCLUDED

Fully equipped safari vehicle, camping and cooking equipment including sleeping mattress, all road tolls and vehicle taxes, transport, services of driver and tour leader, meals as indicated.

WHAT'S NOT INCLUDED

Local Payment excursions, visas, travel insurance, flights, departure taxes, airport transfers, sleeping bag, optional activities, drinks, tips, meals not mentioned in itinerary, items of a personal nature. Accommodation and meals in Nairobi (2 nts: days 14 & 15) and meals on Zanzibar (3 days: days 25 - 28).

ACCOMMODATION

We use 2-person dome tents with fly sheets, built in ground sheets, zip-up insect screens and thick foam sleeping mattresses. We mainly use designated campsites, which usually have permanent wash and shower facilities, electricity points and sometimes even a small shop and bar/restaurant. On Zanzibar we use basic tourist class local hotels.

TRANSPORT

24-seater, self contained, custom-built safari truck with onboard tables, plug sockets, freezer, library, i-pod jack, safety features and 70-litre individual lockers. A smaller safari vehicle (better suited to gameparks) may be used for Lake Nakuru and the Masai Mara. Similarly an additional vehicle is used for transfers in Uganda to gorilla trek start point.

MEALS

Meals included are – Breakfast (B) x52, Lunch (L) x46, Dinner (D) x45

These meals are prepared in camp by the group and help preparing the meals is invited. Most dietary requirements can be catered for on the road. Please ensure you inform Acacia of any special requirements when you book or at your earliest convenience.

GAME PARK VISITS

In order to maximise the quality of game driving and to comply with local authority rulings, some of our National Park visits and game viewing is carried out using services provided by local African ground handlers. As well as

enhancing our experience it also allows us to contribute at a 'grassroots' level to local economies from which local people benefit. These local services are included in the Local Payment.

GORILLA PERMITS

The Uganda Wildlife Authority imposes strict regulations regarding the gorilla trekking permits. One of these is that permits must be booked and paid in advance. In order for us to do this we must collect your permit money, in addition to your normal deposit, at the time of booking. Like your deposit, the permit money is not refundable if you cancel your tour. The permits currently (Oct 2011) cost US\$510 per person. Please ask your agent or Acacia for the equivalent amount in your own currency.

On rare occasions, subject to permit availability, we may purchase trekking permits to view the gorillas in neighbouring Rwanda.

TOUR PREPARATION

BOOKING INFORMATION

When you make a confirmed booking for your tour you will be sent your booking documents and a pre-departure booklet with detailed information to help you prepare for your trip. Once you have paid in full you will receive a Travel Voucher giving details of your joining hotel. Nairobi and Cape Town are well served by a number of airlines and your travel agent can advise on flights to the start of the tour.

JOINING INFORMATION

This tour starts in Nairobi and finishes in Cape Town. **The pre-departure meeting is held at 18:00** on the evening prior to departure. **The tour begins at 08:00 on day 1 and ends on day 58 in Cape Town.**

Meeting point in **Nairobi**:

Address:

Boulevard Hotel

Harry Thuku Rd

PO Box 42831

Nairobi

Contact details:

Tel. +245 2 337221 / 227567/8/9

Fax +245 2 334071

E-mail:

hotel@hotelboulevardkenya.com

Pre-dep. meeting:

18:00 prior to departure day

Tour start time:

08:00 on day 1

Tour end point in **Cape Town**:

Address:

Ashanti Lodge Green Point

23 Antrim Rd

Three Anchor Bay,

Green Point

Cape Town, 8005,

Tel +27 (0)21 433 1619

Email: info@ashanti.co.za

Normal end time

Afternoon/ early evening on day 58

PRE TOUR ACCOMMODATION

This tour departs Nairobi on day 1; we strongly recommend therefore that you plan to arrive the day before departure to overcome any jet-lag and to acclimatise to Africa. We would be happy to book pre-tour accommodation for you – please call or email us (or speak to your agent) with your arrival details and accommodation requirements.

However please book early to avoid disappointment and the risk of having to find more expensive (or less convenient) lodgings.

If time allows, we also suggest planning a night or two extra (after your tour) to make the most of this part of Africa. Accommodation is usually available locally on arrival and there is a variety of activities and excursions in the area you can arrange.

See below for a guide to extra accommodation costs. These prices are correct at time of print but are subject to change so please check with Acacia or your agent for current prices.

Description	Price	Description	Price
Nairobi		Cape Town	
Pre tour accommodation – triple share ppn	£35	Post tour accommodation – Dorm ppn	£14
Pre tour accommodation – Twin ppn	£40	Post tour accommodation – Twin ppn	£22
Pre tour accommodation – Single ppn	£65	Post tour accommodation – Single ppn	£30

WHAT TO BRING

Please try to keep your luggage to a minimum, bearing in mind that most airlines impose a 20kg limit. It should be brought in a soft holdall or rucksack along with a smaller day bag. You will need to bring a mixture of lightweight clothing and warm clothing for the evenings and early morning game drives. You also need a sleeping bag (and small pillow if preferred). We recommended you pack a small torch or headlamp, mosquito spray and a money pouch/ belt that can be easily hidden. Please try to avoid bringing unnecessary valuables and use your hotel safe to store the bulk of your money, passport, and airline tickets. A full 'What to Bring' list is included in our **pre-departure booklet (online version)**, issued when you book.

VACCINATIONS/HEALTH

The table below indicates the vaccinations suggested for travel on this tour but **should be treated as a guide only**. You should seek professional medical advice from your GP or clinic at least six weeks prior to departure.

Please be aware that the areas visited on this tour are **malarial**. We strongly recommend your seeking professional medical advice for the appropriate anti-malarial tablets.

Country	Tetanus	Diphtheria	Polio	Hepatitis A	Hepatitis B	Typhoid	Meningitis	Rabies	Yellow Fever	Malaria
Kenya	R	R	R	R	R	R	R	R	R*	R
Tanzania	R	R	R	R	R	R	R	R	R*	R
Malawi	R	R	R	R	R	R	R	R	R*	R
Zambia	R	R	R	R	R	R	-	R	C	R
Botswana	R	R	R	R	-	R	-	-	*	-
S. Africa	R	R	R	R	-	R	-	-	*	R
Namibia	R	R	R	R	-	R	-	R	*	R

C = Compulsory, **R** = Recommended, * = If travelling from infected countries a certificate of proof may be required.

VISA REQUIREMENTS

The table below indicates the visas required for travel to the countries on this tour but **should be treated as a guide only**. At least one month prior to travel seek confirmation from embassies or a visa specialist, that these requirements are still current. For UK citizens the Foreign & Commonwealth Office (FCO) offers free up-to-date travel info: www.fco.gov.uk For other nationalities a number of travel advice websites are listed on the Acacia website.

Nationality	UK	AUS	NZ	USA	CAN	BEL	IRE	NED	DEN	ITA	GER	AUT	SWE	FIN	NOR	MEX	KOR
Kenya	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Tanzania	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Malawi	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes	Yes	Yes
Zambia	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Botswana	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes
S. Africa	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Namibia	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes

MONEY MATTERS

PERSONAL EXPENSES

Naturally you will require extra money for your own personal spending on the tour, for snacks, drinks, souvenirs, tips and items of a personal nature. Everybody has different spending habits but as a guideline we suggest you budget US\$15-25 per day. Also keep US\$ cash for relevant airport taxes and visas needed, optional activities and any additional accommodation before or after your tour.

- **Spending money** is best carried as cash in US dollars, Sterling or Euro which you then exchange into local currency as you go. Your guide can advise how and when you can change the rest of your money throughout the tour.

- **Currencies** are as follows: Uganda – Uganda Shilling; Kenya – Kenyan Shilling; Tanzania (including Zanzibar): Tanzania Shilling, Malawi - Malawi Kwacha, Zambia – Zambia Kwacha.
- **ATM machines** are found in Nairobi, Kampala, Arusha, Dar es Salaam, Zanzibar, Livingstone and in southern Africa BUT please note they are sometimes unreliable and therefore we recommend you do not rely on them. Please remember that ATMs will only dispense local currency and will not provide you with US Dollars cash (and therefore cannot be used to draw your Local Payment).
- **Credit cards** can be used to pay for optional activities although charges may be high by western standards (+/- 5%).
- **Travellers cheques** can be difficult to cash but make suitable emergency funds.

We recommend you bring your spending money in several different ways (some cash, some t/cheques, some cards); your guide can best advise on what to use where.

LOCAL PAYMENT

A Local Payment (LP) is to be paid to your tour leader at the group meeting on the first evening.

The LP fund is administered by the tour leader in conjunction with the group and covers most meals, all game drives using our own vehicle, campsite fees and meals prepared at the truck (usually two or three per day). You can choose to pay either the Basic Local Payment at the beginning, and then pay for your excursions along the way, or else you may pay for everything up front in the Fully Inclusive Local Payment.

For the ULTIMATE AFRICAN ADVENTURE 58 DAY tour:

The Basic Local Payment is: USD 1740 per person

The Inclusive Local Payment is: USD 2450 per person

Payment must be made in **US\$ cash in clean, post-2005 edition notes**. Traveller's cheques and credit cards **cannot** be accepted as means of payment. The LP amounts set out in the brochure are estimates of local costs at the time of printing. It is subject to inflation, exchange rate changes and local price rises. These may vary from the amounts set out in the brochure or website and on rare occasion where there is a shortfall, passengers may be asked to contribute further.

TIPPING

This is always a matter for your own individual discretion but as in many areas where tourism is an important contributor to the economy, it has become customary to give a small gratuity to local staff, including your tour leader and driver, at the end of a tour if services rendered have been to your satisfaction.

OPTIONAL ACTIVITIES

In order to give you maximum flexibility on tour we offer a number of optional activities on the tour. To help budget, approximate prices are listed below (in US\$ unless otherwise stated. subject to change and availability).

Activity	Price	Activity	Price
Uganda		Dolphin excursion	\$35-\$40
Quad Biking	100,000UG	Malawi	
White Water Rafting	\$85	Snorkelling	\$20
Village Walk	\$5	Scuba Diving	\$40
Bungy Jumping	\$55	Horse Riding (half day)	\$45
Forest Walk	\$5-10	Livingstone	
Kenya		Vic Falls bungi (single/tandem)	\$120
Village visit	\$25	Game walk	\$75
Tanzania		Croc farm tour	\$30
Serengeti Balloon Ride	\$499	Gorge Swing	\$60
Camel Ride	\$30	Horse Riding	\$75 - \$110
Zanzibar (Tanzania)		White Water Rafting/ Riverboarding	\$145/ \$175
Scuba Diving (Mnemba island)	\$150	Flight over the Falls	\$130
Snorkelling Day Trip	\$30-45	Zambezi Sunset Cruise	\$60
Accommodation & Food (per day)	\$35	Lion Encounter	\$130
Spice Tour	\$25		
Namibia		Botswana	
Quad Biking	N\$500	Okavango scenic flight per 5-seater plane	\$400
Sand Boarding	N\$250- N\$350	Kalahari desert swim excursion	50BP
Deep Sea Fishing	N\$850		
Scenic flights	N\$2695		
Tandem skydive	N\$1900		
Dolphin Cruise	N\$480		
Kayaking	N\$600		

INSURANCE

It is a booking condition of Acacia that you have full travel insurance valid for the duration of your tour to cover you for medical emergency and repatriation to your home country. Your guide will ask you for a copy of this when you join the tour. It is also important that you leave a copy of your insurance with the person nominated as your emergency contact. We can recommend a respected, specialist travel insurance provider for this tour. Please contact Acacia for more information.

Useful Swahili Words

Hello	Jambo	Yes	Ndiyo
How's things?	Habari gani?	No	Hapana
Thank you	Asante	Bring here	Lete hapa
Mister	Bwana	To eat	Kula
Go away	Enda	Today	Leo
Slowly	Pole pole	Tomorrow	Kesho
Coffee	Kahawa	To sleep	Kulala
Tea	Chai	Goodbye	Kwaheri
Milk	Maziwa	How much?	Ngapi?
Water	Maji	Come here	Njoo hapa
Sugar	Sukari	Welcome again	Karibu tena
Food	Chakula	See you	Tutaonana
Please	Tafadali	No, thanks	Hapana santé

ACACIA ON THE ROAD



RESPONSIBLE TRAVEL

We strongly believe that you get the most out of a journey by respecting the culture and people of the places you visit. On our tours we try to travel in a way that benefits the communities we pass through and minimises negative impact on the environment. This can be from ensuring the campsites we use are clean when we leave and dressing respectfully in conservative areas to getting involved with local charity projects. We ask that you are open to this when you travel with us. Being proactive in responsible travel helps develop cross-cultural understanding and friendships with the local people, and will greatly enhance your experience in Africa.

GET CONNECTED

Join our facebook group www.facebook.com/AcaciaAfrica and get connected with other Acacia travelers, check out the pictures, videos and feedback from their tours and meet up with other people booked on your tour

Follow us on twitter @AcaciaAfrica and get the latest buzz. Got a question? Ask us on twitter!

Follow our blogs from the road <http://acaciaontheroad.blogspot.com/> and <http://africastuckonyou.blogspot.com/> get regular updates from our crew on the road as well as other Acacia Travellers

Don't forget to sign up to our newsletter to get regular updates and special offers www.acacia-africa.com

For information on our Premium Overlanding, Acacia Small Group Safaris, Short Safari's & Treks, Short Breaks & City Stays, Voluntours and Dive Tours please visit www.acacia-africa.com



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